

ARCHETYPE IDENTIFICATION FORM

Where would you rank this archetype in your life? Use the following scale to rank how “active” the archetype is in your life story. We are trying to measure how “comfortable” you are exhibiting the characteristics of the archetype as you hear it described in this session.

Would you rank the archetype:

High (very comfortable for you to exhibit the characteristics of the archetype and very active in your life story)

Medium (somewhat comfortable for you to exhibit the characteristics of the archetype and only moderately active in your life story)

Low (you would be very uncomfortable exhibiting the characteristics of the archetype and see little or no activity of it in your life story)

Archetype	Rank	Rank	Archetype
W _____			C _____
I _____ (I _____) #10			O _____ (R _____) #11
S _____			L _____
D _____ (R _____) #12			C _____
R _____			M _____
S _____			J _____

Five reasons you might score low on a given archetype:

1. UnFamiliar = You have no imprint of that archetype in your past experiences.
2. UnComfortable = You have an imprint in your past experiences, but when you manifest it in your life it is awkward, or difficult for your situation(s).
3. UnFriendly = You have the imprint, you manifest it well in your life, but someone else has used it in your life and hurt you or someone you love.
4. UnNeeded = You have the imprint, manifest it well, and don't mind when others use it your life experiences but you simply don't need it right now.
5. UnComplimentary = You have great stories in your life where you use the archetype, but it does not compliment your culture, family, friends, etc.