



MICHIGAN DEPARTMENT OF
ENVIRONMENT, GREAT LAKES, AND ENERGY

Water Testing Protocol & Best Management Practices



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School Drinking Water Program
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www.Michigan.gov/SchoolWater

Items for Discussion

- Importance of quality drinking water
- Strategies for drinking water management
- Drinking water sampling and testing protocols

EGLE Drinking Water Program Objective

To help schools and child care facilities reduce the risk of lead at all drinking water taps for the health of children

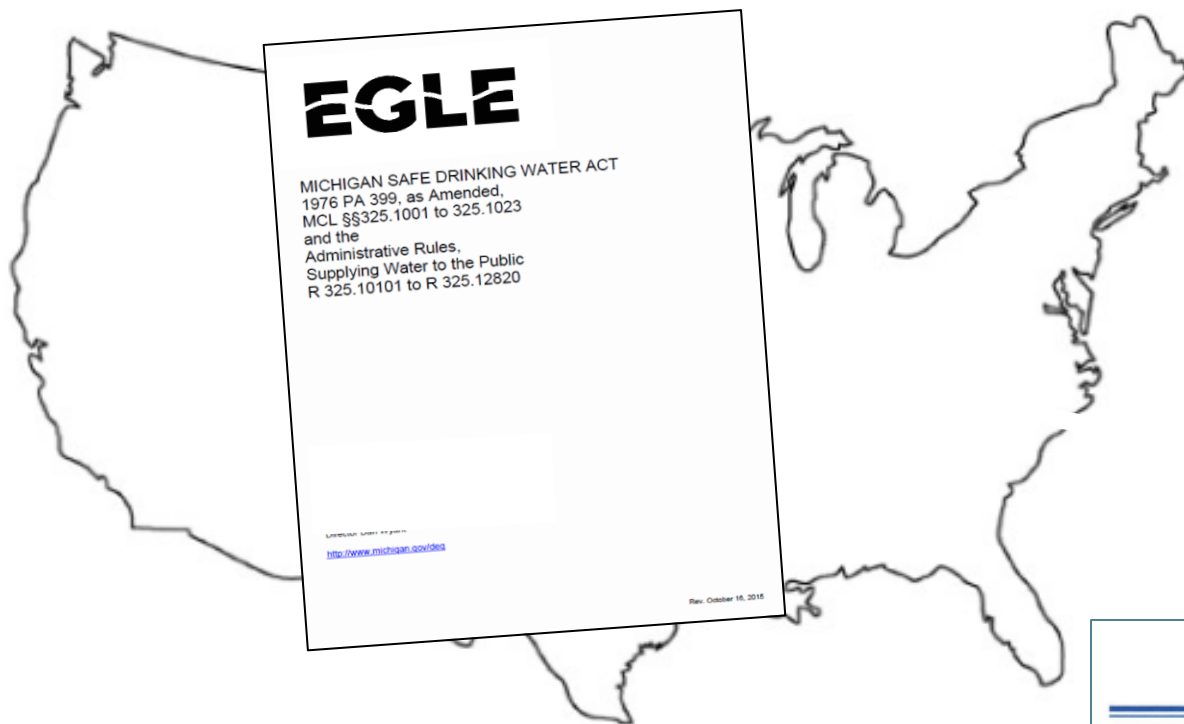


Lead Testing Grant Program



Voluntary program for eligible facilities

- Training
- Sampling & testing for lead
- Guidance



EGLE

MICHIGAN SAFE DRINKING WATER ACT
1976 PA 399, as Amended,
MCL §§325.1001 to 325.1023
and the
Administrative Rules,
Supplying Water to the Public
R 325.10101 to R 325.12820

LEGISLATION SUMMARY REPORT
<http://www.michigan.gov/egle>

Rev. October 16, 2015

CLEAN DRINKING WATER ACCESS ACT

S.B. 184 & 185:
SUMMARY OF INTRODUCED BILL
IN COMMITTEE



Senate Fiscal Agency
P.O. Box 30036
Lansing, Michigan 48909-7536

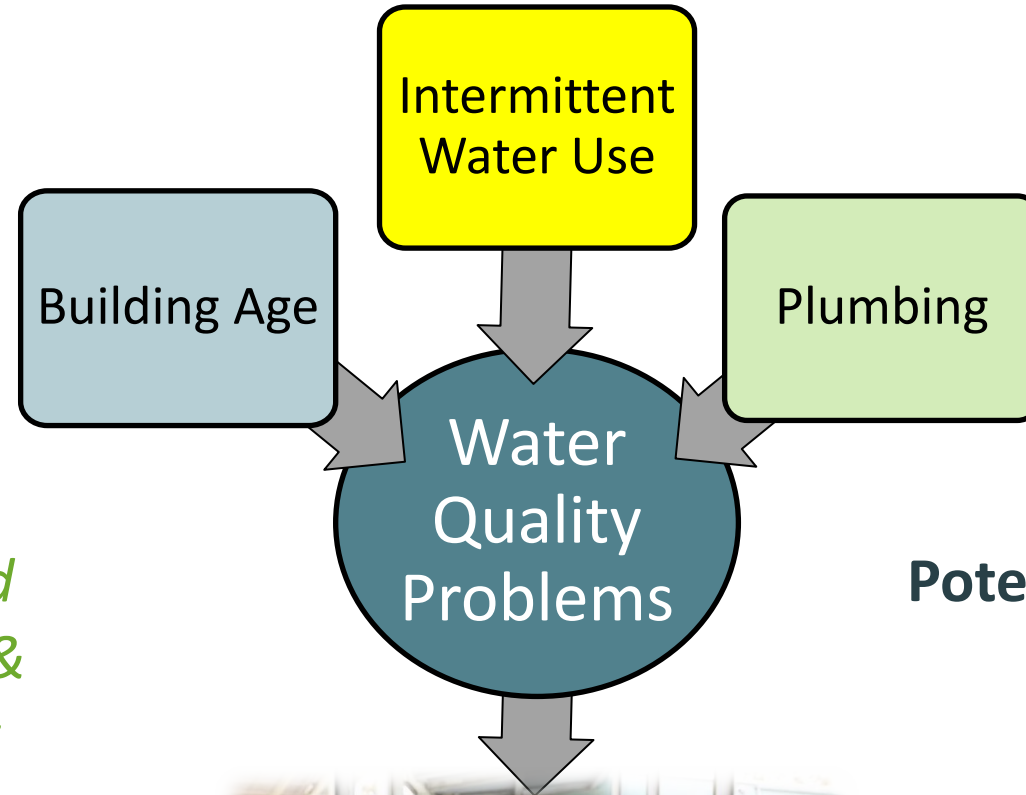


BILL ANALYSIS

Telephone: (517) 373-5383
Fax: (517) 373-1986

Senate Bills 184 and 185 (as introduced 2-25-21)
Sponsor: Senator Curtis S. Vanderwall (S.B. 184)
Senator Jim Ananich (S.B. 185)
Committee: Environmental Quality

Why Drinking Water Management is Important



A well-maintained plumbing system & water movement preserves healthy drinking water

Potential building contaminants

Bacteria
Lead
Copper

Drinking Water Management Plan (WMP)


A drinking water management plan is a comprehensive document that includes information and procedures for system maintenance and sampling to ensure water quality that is healthy and nutritious for all who consume it.

Drinking Water Management Plan

- Assess risks & resources
- Develop the plan
- Communicate
- Perform & evaluate



Flushing & Sampling Risk Matrix

Factor				
Building age	Prior to 1989	1989 - 2014	2014 - Present	
Number of wings	4 or more	3	2	1
Number of floors	4 or more	3	2	1
Plumbing material	Lead	Brass	Galvanized	Non-lead
Dead end plumbing	Yes - multiple	Yes - few	Yes - one	None
Building water use	Long breaks	5 days a week	6 days a week	365 days a year
Water outlet use	Never	Rarely	Weekly	Daily
Water quality history (Lead & copper)	Multiple elevated results throughout	Sporadic results throughout	Sporadic results isolated to one or a few outlets	No elevated test results
Water quality history (Bacteria)	Multiple sites with bacteria detected	Sporadic results throughout	Sporadic results isolated to one or a few outlets	No bacteria detected
Water quality history (Other)	Building wide contamination	Area contained contamination	Aesthetic problems	No water quality problems

Document the Information

MICHIGAN DEPARTMENT OF ENVIRONMENT, GREAT LAKES, AND ENERGY
DRINKING WATER AND ENVIRONMENTAL HEALTH DIVISION
SCHOOL DRINKING WATER TRAINING PROGRAM
SCHOOL BUILDING PLUMBING PROFILE

Note: Complete for each school. For additional information and accompanying documents, go to the Department of Environment, Great Lakes and Energy (EGLE) guidance documents located at Michigan.gov/SchoolWater. This document is designed to assist with the determination of lead risk in your facility drinking water and will enable you to prioritize your sampling and remediation efforts. A separate plumbing profile may be needed for each addition, or wing of the building, especially if the construction took place at different times. Some of the questions in this document may not apply to your facility for various reasons. Skip those that do not apply or mark as not applicable (NA). This document should be reviewed/updated annually. A list of commonly used acronyms can be found under Appendix A. Explanations regarding items/questions below are found under Appendix B: School Building Plumbing Profile Information.

An asterisk (*) indicates a required field.

PART A: BASIC BUILDING INFORMATION

*Name of school: _____

*School district: _____

*Type of school: ☐ Preschool ☐ Elementary ☐ Middle ☐ Jr/High ☐ High

*Physical street address of building: _____

*City: _____

*School contact person (please print): _____

*Title of school contact: _____

*Name of person completing this form (please print): _____

Grade level(s): _____

Year original building was constructed: _____

Building blueprints available? ☐ Yes ☐ No

Name of drinking water supplier: _____

Additional water line connections: ☐ None ☐ Concession stand ☐ Athletic field(s)

EGLE Environmental Assistance Center
Telephone: 1-800-662-9278

Michigan.gov/EGLE
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DRINKING WATER MANAGEMENT PLAN

FOR

Dee Elementary School

12345

The floor plan shows a rectangular building layout. On the left side, there are four yellow rectangular rooms, each labeled 'KINDERGARTEN'. In the center, there is a vertical corridor containing two sets of restrooms, each marked with a 'T' in a square. To the right of the restrooms is a central stairwell labeled 'STAIR'. The entire plan is enclosed in a black border.

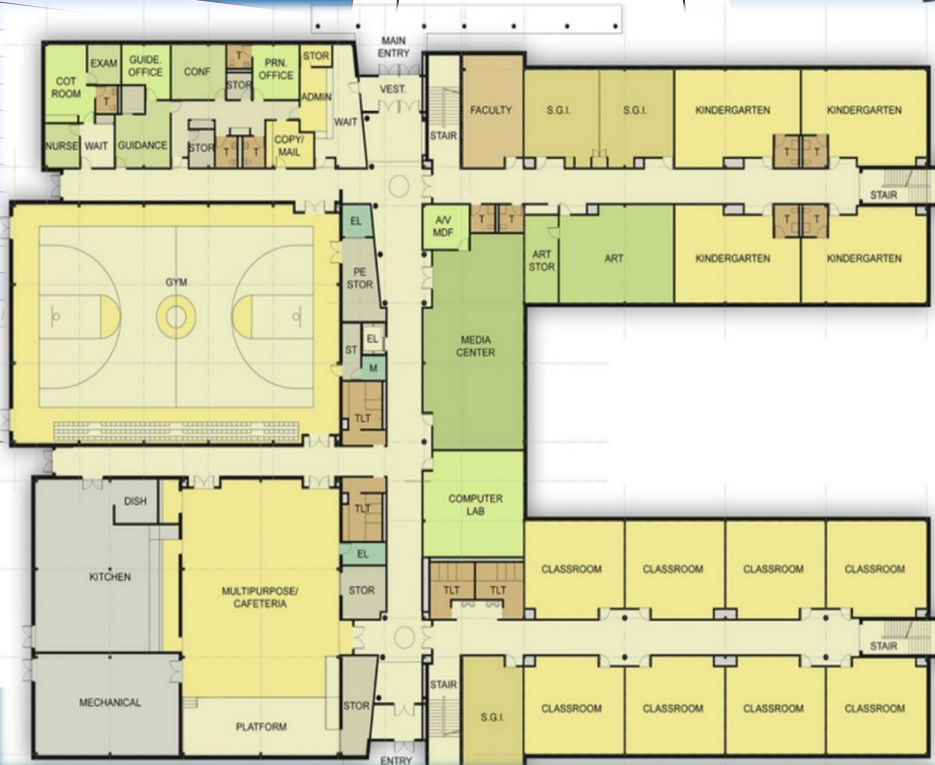
Example School District

5/5/2021

5/5/2022

Holly Gohlke
Name

517-220-1904
Contact Phone#



Plan Development - Plumbing Assessment

- Building walk-through
- Gather information for
 - Maintenance
 - Flushing
 - Sampling



Plumbing Assessment Information

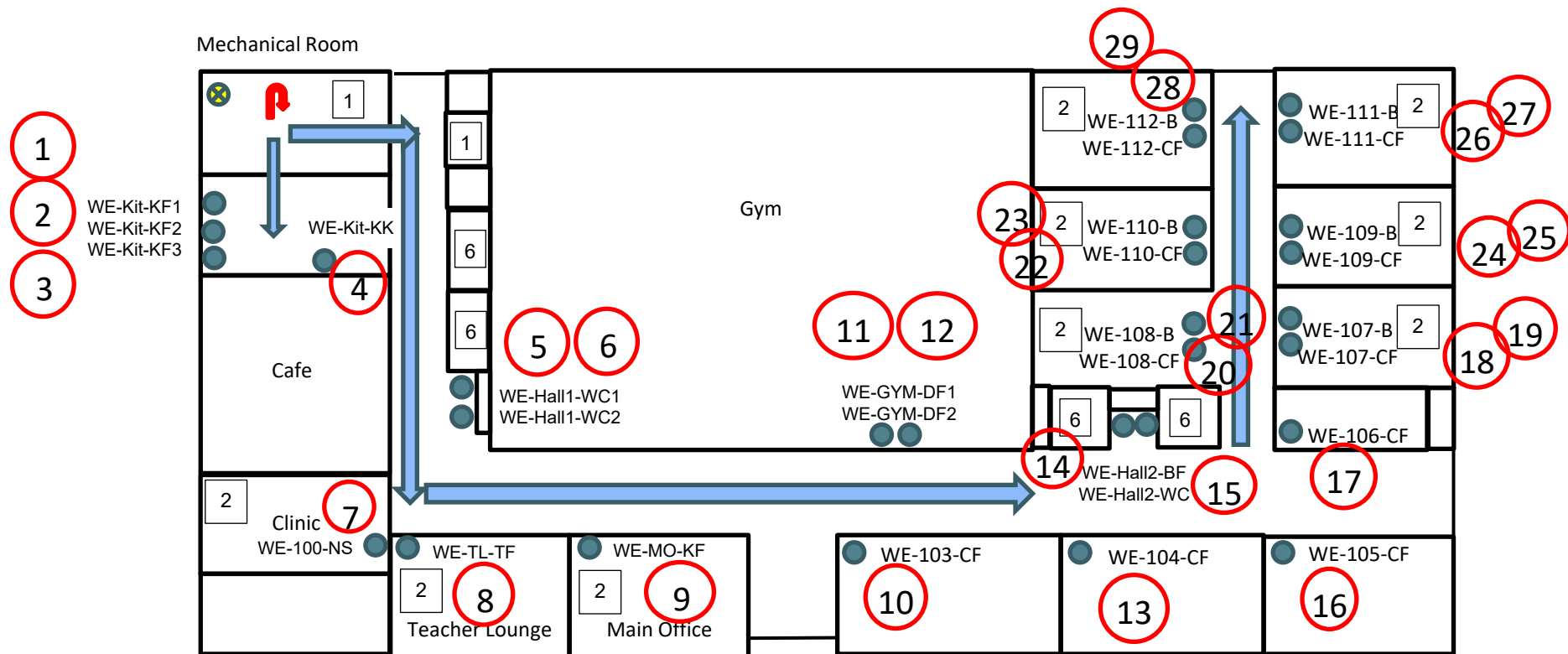
- Identify plumbing materials
- Understand how water enters and flows
- Create an inventory of fixtures
- Identify and prioritize sample collection
- Helps to conduct proper flushing
- Locate cross connections & problem areas



A Complete Drinking Water Management Plan

- Based on reducing public health risks
- Plumbing & fixture inventory
- Repair & replacement requirements
- Equipment & device maintenance schedule
- Drinking water & system flushing protocols
- Routine water sampling & testing protocols
- Corrective action plan
- Communication plan





Importance of “Moving” Building Water

Prevent stagnation

Improve quality

Maintain system



*Moving “old” water out
and “fresh” water in*

Establishing a Flushing Program

Decisions about when and how-to flush are specific to the building, plumbing system, and potential, suspected or known contaminant(s).



*Flushing is by far the
#1 best strategy!*

Establishing a Flushing Program

- Be prepared for different flushing methods
- Understand your building plumbing system
- Understanding historical and current test results
- Understand factors and categories of contaminants

A flushing program is dynamic!

Establishing a Flushing Program

- When should flushing occur?
 - Prior to re-opening a school building
 - After extended breaks (summer, winter, spring, in-service, etc.)
 - After emergency shut down's
 - Throughout the school year
 - After weekends
 - Every use, every day, once a week, once a month
 - After plumbing or fixture changes or disturbances to the system
 - In response to system or fixture contamination

Flushing Methods

“Fresh Tap Method”

- Refreshing the water
- Drinking or food preparation fixtures
- Remove soluble contaminants
- Individual fixture flushing
- Flush for 30 seconds to a minute
- Daily, weekly, or monthly
- Every use flushing

“High Velocity Method”

- Removes sediments & biofilms
- Based on maintaining 3 ft/sec velocity
- Flush of all water outlets
- Flushing occurs in zones
- Zone flushing for at least 15 minutes
- Once to twice a year
- A week to a few days before re-opening

HIGH VELOCITY FLUSHING METHOD PROCEDURES

This flushing method involves moving the water in zones at all water fixtures including toilets, handsinks, etc.

The procedure is to open all the taps in a zone, let the water run for 15 minutes, then move to the next zone and repeat the process.

Reference: *EGLE Guidance for Flushing School Plumbing (High Velocity Method)* ***READ THOUGHLY BEFORE CONDUCTING FLUSHING**

Use the building floor plan and zone map(s) to assist in this process.

Zone Flushing		Total Number of Zones:	1	Estimated Total Flush Time(minutes):	15
STEP	ACTION (More than one person required)				
1	Start flushing hot water tank(s) in utility room (flush until cold water comes out of tank)				
2	Go to first zone (closest to the service line)				
3	Remove any aerators, strainers, or screens				
4	Fully open the cold water side of fixtures				
5	Systematically flush all toilets				
6	Record initial reading at the meter				
7	Time one minute and record a second reading at the meter				
8	If flow rate is close to or equal to 3 ft/sec through the meter start the flushing timer for this zone				
9	Flush this zone for 15 minutes. Monitor flow rate at least three times during flush period.				
10	Adjust zone size if needed - if flow rate is below 3ft/sec, open more fixtures; if above 3 ft/sec, close some fixtures				
11	Close all fixtures in this zone (clean and replace aerators, strainers, and screens)				
12	Go to next zone, repeat steps 3-11 until all zones are flushed (no need to flush hot water tank again)				

NOTE: Keep a record of the calculated flow rates obtained during the flushing process for each zone, time of zone flushing, and problems noted.

Do not use filtered bottle fill drinking fountains or other inline filtered drinking fountains as a flushing point.

FRESH TAP FLUSHING METHOD PROCEDURE

The fresh tap flushing method involves bringing fresh cold water to every fixture used for drinking or food preparation.

The procedure is to open the tap one at a time and let the water run for a specified time to get fresh cold water to the tap.

Reference: *EGLE School Building Flushing Best Practices (Fresh Tap Method)* for detailed information. ***READ THOUGHLY BEFORE CONDUCTING FLUSHING**

Use the building floor plan with fixture locations to assist in this process and make sure every drinking/food prep tap is flushed.

STEP	ACTION				
1	Go to fixture closest to POE	ID#	WE-BR-SC	Location	Boiler room
2	Remove aerator or screen				
3	Fully open the cold water side of fixture				
4	Run cold water for	4	minutes		
5	Turn off fixture				
6	Clean and replace aerator or screen and re-install				
7	Go to fixture farthest from POE	ID#	WE-112-CF	Location	Room #112
8	Remove aerator or screen				
9	Fully open the cold water side of fixture				
10	Run cold water for	30	minutes (can determine precise amount of time based on calculation of length of pipe and flow rate of this tap)		
11	Turn off fixture				
12	Clean and replace aerator or screen and re-install				
	<i>If multiple floors and/or wings, conduct steps 7-12 on each</i>				
13	Working your way back to the POE, flush every consumptive fixture except for the non-filtered refrigerated fountains one at a time for:			30	seconds
14	Flush non-filtered refrigerated fountains for 15 minutes				
15	Run water through appliances connected to the water supply such as pop machines, coffee machines, etc.				

DETERMINING TOTAL FLUSHING EVENT TIME

	Number of consumptive fixtures (not including non-filtered refrigerated):		28		
	Time to flush consumptive fixtures:		14	minutes	
	Number of non-filtered refrigerated drinking fountains:		2	Time to flush:	30 minutes
	Total flushing event time		78	minutes	<i>Note: Include about five minutes for aerator removal/replacement at each fixture</i>
	Estimated time to walk to each fixture during the process		30	minutes	
	Estimated time from beginning to end including walk time		108	minutes	Time in hours: 1.8

Do not use filtered refrigerated bottle fill drinking fountains for a 15 minute flushing point.

Note: Be aware not to overload wastewater drains during tap flushing. Record event on the Flushing Log (see FlushingLog tab).

All cells that allow data to be entered must have a value for the formulas to work. Be sure to at least enter a zero in the cell if there is no other value.

Drinking Water Sampling



Drinking Water Sampling Plan

Own Water Source (Noncommunity)

- Required by law to sample per the Michigan Safe Drinking Water Act
- Sampling for many contaminants
- Local Health Department determines compliance sampling plan
- Additional investigation sampling plan

Water From Community Source

- No current law for drinking water sampling (legislation pending)
- Will require only lead testing
- Plan created by facility or hired contractor
- Investigation sampling plan

Drinking Water Tests

What tests are *required* for a school with its own water source?

- Coliform bacteria
- Lead & Copper
- Nitrates
- Arsenic
- Metals
- SOC & VOC
- PFAS

What tests are *recommended* for schools on community water?

- Coliform bacteria
- Lead
- Copper

Drinking Water Sampling Plan

- Communication
- Understanding the plumbing system
- Identifying factors that affect water quality
- Knowing how to sample and interpret test results
- Knowing how to reduce risk or improve water quality

Michigan Safe Drinking Water
Act

EGLE Guidance on Investigative
Drinking Water Sampling for
Lead at Schools & Child Cares

EPA 3T's for Reducing Lead in
Drinking Water in Schools &
Child Cares

Water Sampling Protocol

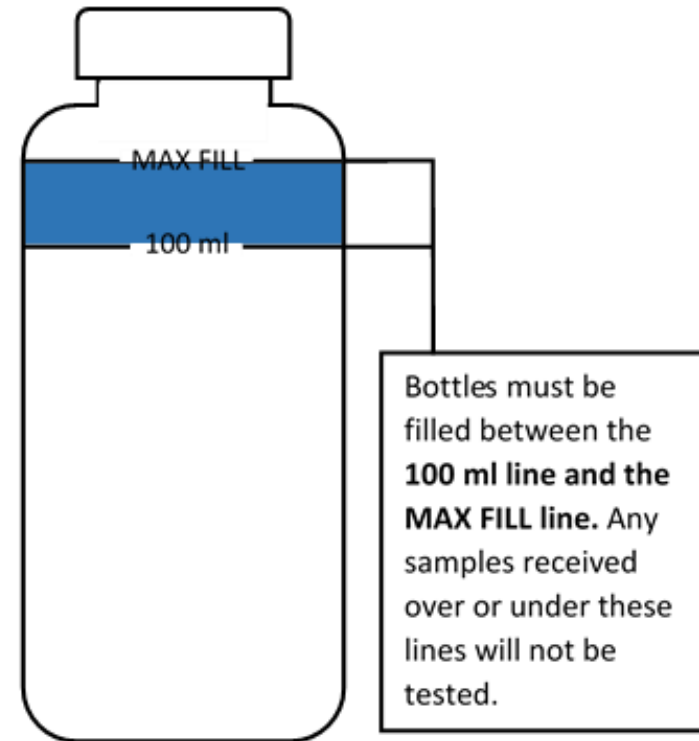
- Use only a certified drinking water laboratory
- Use the proper bottle
- Request the right analysis
- Follow the lab's instructions
- Bottles from one lab cannot be submitted to another lab

TESTING INFORMATION				
Check	Test Code	Unit Number	Test Description	Fee
<input type="checkbox"/>	B	30	Total Coliform/E. coli	\$16.00
<input type="checkbox"/>	NN*	32	Nitrate and Nitrite	\$17.00
<input type="checkbox"/>	R*	32	Automated Partial Chemistry	\$18.00
<input type="checkbox"/>	CAS	36ME	Arsenic	\$18.00
<input type="checkbox"/>	CCUB	36CC	Lead/Copper for corrosion (first draw sample)	\$26.00
<input type="checkbox"/>	CPB	36ME	Lead	\$18.00
<input type="checkbox"/>	CXVO*	36VO	Volatile Organic Compounds	\$100.00
<input type="checkbox"/>	CXTM* CXHA*	36VO 36HA	Disinfection Byproducts Rule (TTHM & Haloacetic Acids)	\$175.00
<input type="checkbox"/>	CXPT*	36PT	Pesticides	\$125.00
<input type="checkbox"/>	CXHB*	36HB	Herbicides	\$120.00
<input type="checkbox"/>	CXLP*	36LP	Carbamates	\$125.00

Total Coliform Bacteria Testing Bottles



New Unit 30 bottle



\$16 cost at EGLE lab

Total Coliform Sampling

Compliance - Requirements

- Typically one sample per building
- Taps commonly used for drinking or food preparation
- Frequency is per the LHD
- Further investigation if detected
- Sample must be analyzed w/in 30 hours of collection

Investigative - Recommendations

- Collect one sample per building
- Collect at a drinking fountain
- At least once a year
- Further investigation if detected
- Sample must be analyzed w/in 30 hours of collection

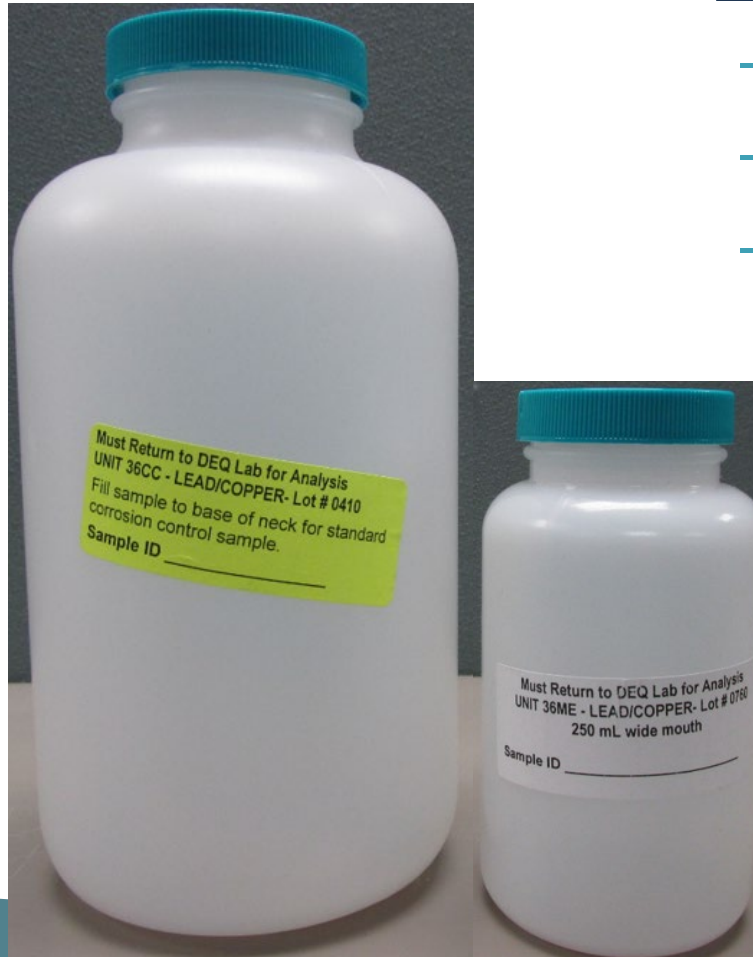
Total Coliform Bacteria Test Results

- Not Detected (ND)
 - Coliform bacteria is not detected in the sample
 - Result meets bacteriological water quality standards at the time of sampling
- Positive (POS)
 - Coliform have been detected
 - Safety cannot be assured & repeat samples are required
- Fecal Positive (FC POS)
 - Fecal coliform organisms have been detected
 - Water may be more likely to contain disease-causing organisms

Lead & Copper Testing Bottles

- Compliance Sampling

- 1-Liter
- Wide-mouth
- EGLE lab
 - Bottle unit #36cc
 - Lead & copper for corrosion (CCUB)
 - \$26 cost



- Investigative Sampling

- 250 ml
- Wide-mouth
- EGLE lab
 - Bottle unit #36ME
 - Lead only
 - \$18 cost

Lead & Copper Sampling

Compliance - Requirements

- Number based on population
- Collected at taps used for drinking or food preparation
- Frequency is per the LHD
- 1-liter bottle
- 6 hours of no water use prior to sampling
- First draw sample

Investigative - Recommendations

- Depends on various factors
- Every drinking and food preparation tap
- Minimum of annual testing
- 250 ml bottle
- 8 hours of no water use in the building
- First draw sample
- 30-second flush sample

Lead Test Results

Compliance - Requirements

- Corrosion control for the *system*
- Compliance is based on a statistical calculation of a *set of samples*
- Highest risk for lead locations
- Action level is 15 ppb (0.015 mg/L)
- 90th % exceedance triggers actions
- 10% of the samples can be greater than 15 ppb

Investigative - Recommendations

- Health based for tap consumption
- All consumptive taps are sampled
- Each tap is individually evaluated
- Action level is >5 ppb (0.005 mg/L)
- Any tap >5 ppb is not safe for consumption
- Action triggered for all taps >5 ppb

Copper Test Results

Compliance - Requirements

- Corrosion control for the *system*
- Compliance is based on a statistical calculation of a *set of samples*
- Action level is 1300 ppb (1.3 mg/L)
- 90th % exceedance triggers actions
- 10% of the samples can be greater than 1300 ppm

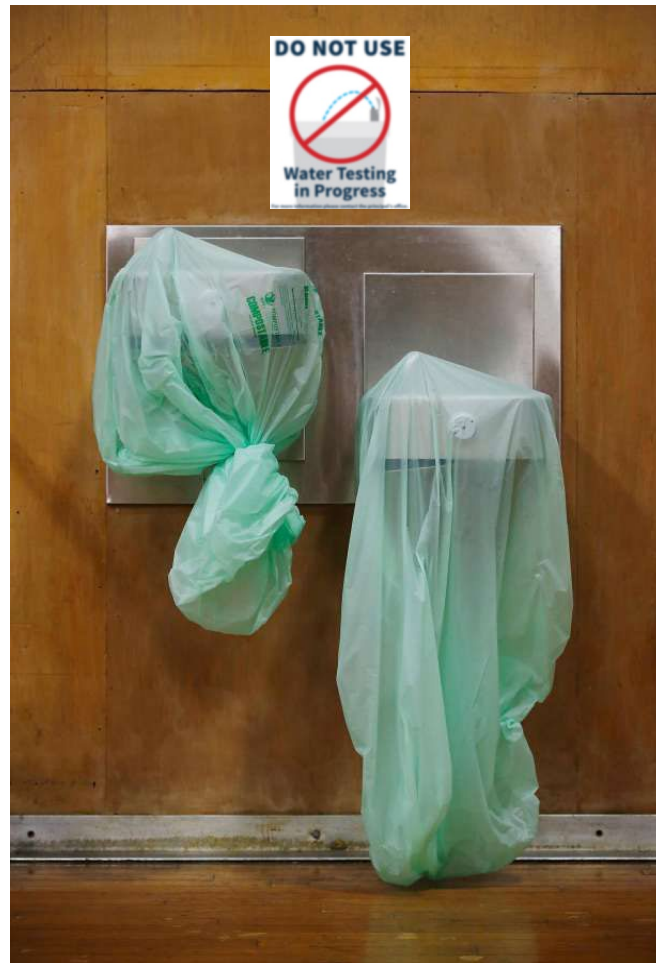
Investigative - Recommendations

- Health based for consumption
- Results typically indicate copper pipe, not fixture issue
- Action level is same as compliance

Lead & Copper Investigation Sampling

- Communication
- Plumbing assessment
- Flow of cold water
- Location of drinking & food preparation taps
- Developing a coding system & sample sequence for the taps
- Communication & pre-sampling preparation
- Collecting samples & delivery to the lab
- Interpreting & communicating the results
- Remediation

Communication & Education



(Date)

Anytown School Department
Anytown, USA 00000-0000

Important Notice

Dear Anytown School Community:

Our school system is committed to protecting student, teacher, and staff health. To protect our community, (Anytown School District) tests our schools' drinking water for lead.

Why Test School Drinking Water for Lead?
High levels of lead in drinking water can cause health problems. Lead is most dangerous for pregnant women, infants, and children under 6 years old. Exposure to high levels of lead during pregnancy contributes to low birth weight, developmental delays in infants. In young children, lead exposure can lower IQ levels, stunt growth, and hurt school performance. At very high levels, lead can cause death.

To protect public health, the U.S. Environmental Protection Agency (EPA) recommends testing drinking water for lead and taking action to reduce lead exposure if levels are high.

Is Our School's Drinking Water Safe?
Yes, our schools' water is safe. Anytown School District tested only (number) samples we tested, only (number) water outlets tested did not have any lead.

Health Impacts of Lead

ADULTS

- Brain:** Memory loss, lack of concentration, headaches, irritability, depression.
- Body:** Fatigue, joint and muscle pain.
- Cardiovascular:** High blood pressure.
- Kidneys:** Abnormal function and damage.
- Reproductive System:** Men: Decreased sex drive and sperm count, and sperm anomalies. Women: Spontaneous miscarriage.
- Digestive System:** Constipation, nausea and poor appetite.
- Nervous System:** Damage including numbness and pain in the extremities.

CHILDREN

- Brain:** Behavior problems, lower IQ, hearing loss, learning disabilities.
- Body:** Decreased bone and muscle growth.
- Blood:** Anemia.
- Nervous System:** Damage.
- Kidneys:** Abnormal function and damage.

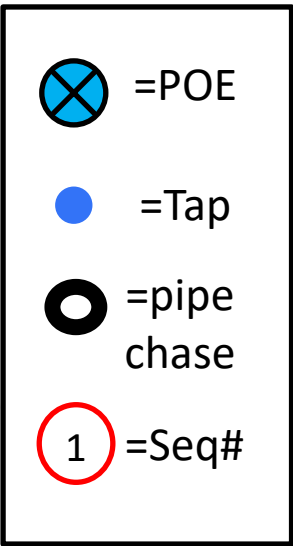
Exposure to high levels of lead can cause severe damage to the brain, blood and kidneys. Children under six are most at risk from lead poisoning. Even low levels of lead exposure have been found to permanently reduce cognitive ability and cause hyperactivity in children.



Plumbing Assessment



Building	Location	Tap Type	Fixture ID Code	Fixture ID Flush
Abbott Elementary	Room 110	Bubbler	AE-110-B	AE-110-B-F
High School	Gym	Water cooler	HS-GYM-WC1	HS-GYM-WC1-F
West Middle School	South Hall	Drinking fountain	WM-SHALL-DF	WM-SHALL-DF-F

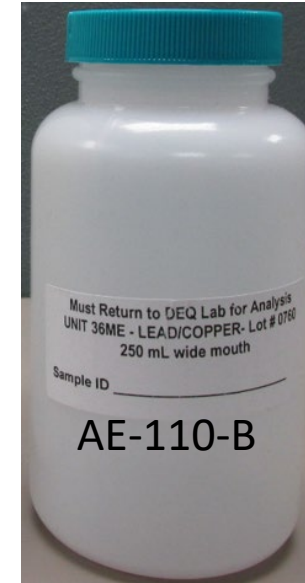


Investigative Lead Sampling Tips



Investigative First Draw Sample Collection

- Have 2 bottles for the tap
 - Second bottle is labeled for a flush sample with an “F” at the end
- Take the first bottle to get the first draw of water
- Take the cap off & put the bottle under the tap
- Open the cold-water side of the tap full stream
- Fill the first bottle to the neck w/out letting any water waste down drain
- Shut off the tap, cap the bottle, record time



First draw



Flush Sample

Investigative Flush Sample Collection

- After collecting the first draw sample
- Open the tap & let the water run full stream for 30-seconds (have the bottle ready to fill)
- At 30-seconds fill the second bottle
- Shut off the water, cap the bottle, record time
- Check the aerator if it can be removed
- Record observations
(particles in aerator, leaking faucet, low flow, warm, etc.)

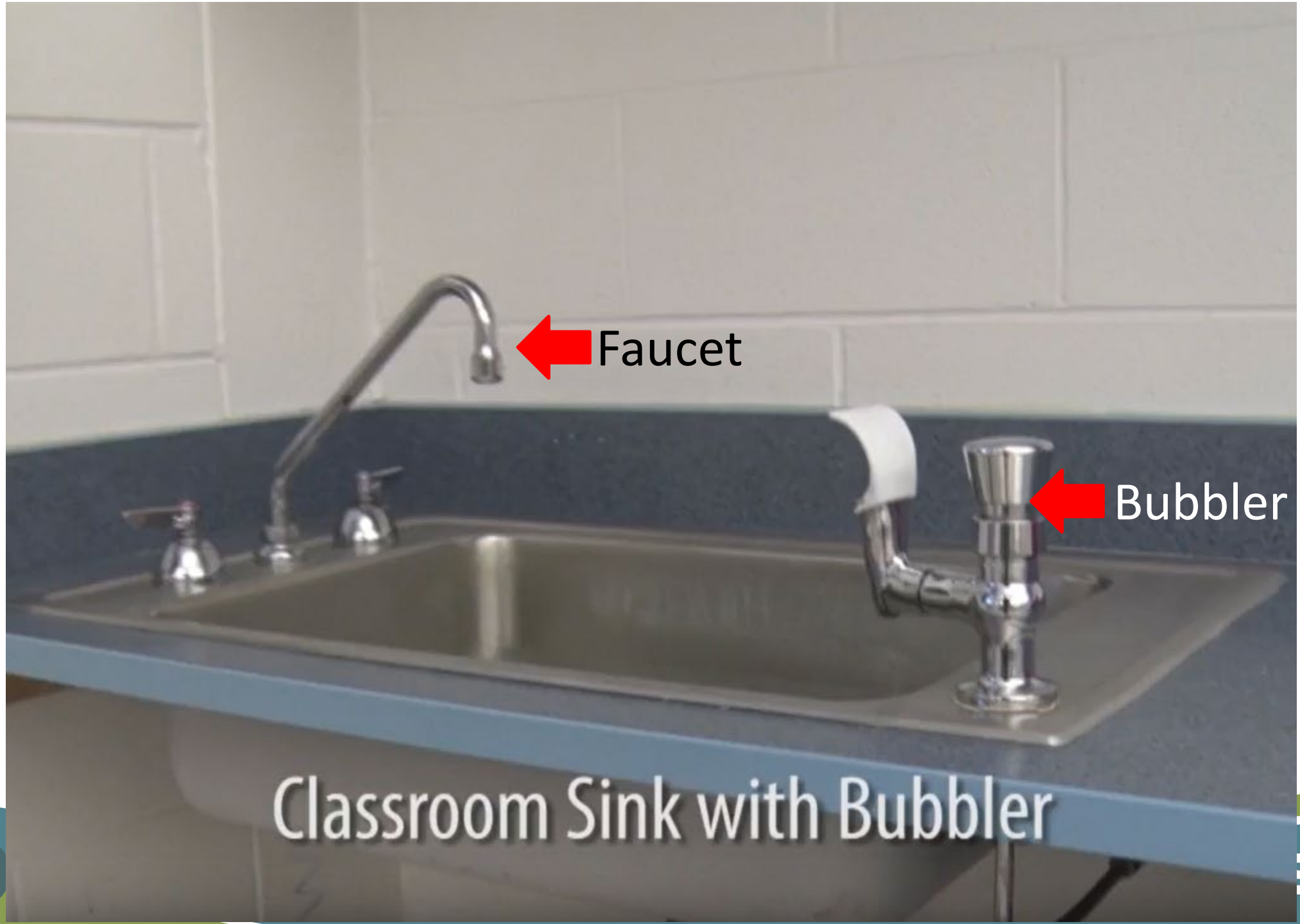


Flush Sample

Sample Collection at Different Taps







← Faucet

← Bubbler

Classroom Sink with Bubbler

Water Cooler with Bottle Filler

- Each outlet coded separately
 - Water cooler (WC)
 - For the “bubbler” tap portion
 - Should be sequenced before the BF and sampled first
 - Bottle fill (BF)
 - Should be sampled last
 - No 30-second flush samples



WE-FL1-SHall-WC

Single Water Cooler

WE-FL2-SHall-WC-H

WE-FL2-SHall-WC-L

Double Water Cooler



Remediation Options for Lead Over 5 ppb

Remediation Options for Lead Results Over 5 ug/L							
Immediate Response Steps facilities can take as soon as lab results arrive Respond quickly, protect public health, preserve trust	Short-Term Response Protect children's health until permanent actions can be taken Keep the community safe until further investigation to identify lead sources or until more permanent action resources are available	Permanent Response Ways to reduce the risk of lead for the long term Best action knowing the	Fixture Removal PROS • Very effective • No material costs CONS • Fixture removal may not be an option with widespread issues • May cause dead end pipes that affect other water quality issues	Fixture or Plumbing Replacements PROS • Generally effective • Low cost • Can be paired with building improvements CONS • Can be costly • "Lead-free" still allows 0.25% lead in fixtures • May not immediately solve issue • Dependent on correctly identifying lead sources	Limit Drinking Water Locations PROS • Effective • Generally low cost • Drinking could be directed to "hydration stations" with filters that reduce risk CONS • Non-potable taps must have signs • Cannot ensure non-potable taps will not be used for drinking • Hydration stations can be expensive and need maintenance • May limit flow of water in system	Filtration PROS • Effective • Quick to implement • Low cost if temporary CONS • May be expensive • Requires proper installation and maintenance • May require a plumber to install • May be subject to tampering or bypass	Flushing (Prevent stagnant water) PROS • Effective • Low Cost • Can be manual or automatic CONS • Increase water use • May take time to implement • Morning flushing only may not reduce lead levels all day • Automatic devices can be expensive

Note: A laboratory test result for lead of 0.005 mg/L (milligrams per liter) is the same as 5 ppb (parts per billion).

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Note: A laboratory test result for lead of 0.005 mg/L (milligrams per liter) is the same as 5 ppb (parts per billion).

Summary



- Providing quality drinking water is important for children's health & development
- Building water systems must be properly maintained
- Flushing is an essential strategy to water quality management
- Good water management practices = good water quality
- Testing is the only way to know if the water is healthy

Michigan Department of
Environment, Great Lakes, and Energy

517-220-1904

Gohlkeh@Michigan.gov



Follow us at: Michigan.gov/EGLEConnect

www.Michigan.gov/SchoolWater

www.Michigan.gov/MILeadSafe

www.Michigan.gov/DrinkingWater